



MESSAGE FROM THE DIRECTOR

I commend the Department of Psychiatric Nursing, LGBRIMH for advancing elderly mental health care through the Manasparsha Programme. May all participants translate their learning into compassionate, accessible and stigma-free care for older persons. I wish the programme every success.



MESSAGE FROM THE DEPUTY DIRECTOR

It is my great pleasure to welcome all delegates to the Continuing Nursing Education event organized by the Department of Psychiatric Nursing. The mental health of our aging population is a pressing healthcare priority. This CNE's theme, "Listening, Supporting & Healing," perfectly captures our mission to empower nursing personnel across the Sonitpur district. As frontline caregivers, your role in improving mental health literacy and reducing stigma is invaluable. This Manasparsha Programme initiative is designed to equip you with the essential clinical competencies to identify, manage, and support elderly individuals facing mental health challenges. I commend the Department of Psychiatric Nursing for organizing this timely training and urge all participants to translate these crucial learnings into compassionate, everyday practice.

মনস্পর্শ - TOUCH OF THE MIND

CAPACITY DEVELOPMENT PROGRAMME

CONTINUING NURSING EDUCATION

(HYBRID MODE)

THEME: "LISTENING, SUPPORTING & HEALING:
EMPOWERING NURSING PERSONNEL TO BRIDGE THE
GAP IN ELDERLY MENTAL HEALTH



Date: 23/10/2026

Time: 8 am to 5 pm

VENUE: Cafeteria building of LGBRIMH

Registration fees: Nil

Credit point will be awarded.

ORGANIZED BY

**Department of Psychiatric Nursing
LGBRIMH, Sonitpur, Assam**

DEAR DELEGATES,

Department of Psychiatric Nursing of LGBRIMH is organizing one-day hybrid CNE on 23rd October 2026 for the nursing personnel working in various health care settings and educational institute of Assam as a part of Manasparsha Programme. This programme aimed at improving mental health literacy, reducing stigma and strengthening the competencies of health care providers through targeted training. You are cordially invited to attend the CNE.

ABOUT THE CNE

This CNE will enhance nursing personnel's knowledge on common geriatric mental health disorders, risk factors, symptoms and nursing management and guide them to conduct mental health awareness camp.

OBJECTIVES:

At the end of the CNE the participants will be able to:

- Identify mental health disorders of elderly populations.
- Manage and refer elderly with mental health disorders.
- Conduct mental health promotion activities for elderly.

Registration Link



<https://forms.gle/QVoFP8F3bbrnsWva8>

Organizing Chairperson
Dr. Arunjyoti Baruah
Prof cum HOD, Psychiatric Nursing
LGBRIMH

Organizing Secretary
Mrs. Chitra Bora
Nursing Tutor, LGBRIMH

PROGRAMME SCHEDULE

TIME	TOPIC	RESOURCE PERSON
8: am - 8:45am	Registration	
8:45am - 9:am	Pre-test	
9:00 am - 9:30 am	Inauguration	
9:30am - 10:30 am	Mental Health disorders in elderly population: Risk factors, Causes and Treatment modalities	Dr. Pradip Kumar Sarma District Programme Officer, District Mental Health Programme, Sonitpur district, Assam
10:30am - 11:00 am	Tea break	
11:00am - 12:00 pm	Recognizing the common mental health disorders among elderly population	Dr. G. Balamurugan Assistant Professor of Nursing National Apex Coordinating Centre for Tele MANAS, NIMHANS, Bengaluru
12:00 pm to 1pm	Comprehensive Mental Health Assessment in elderly	Dr. Janarthanan B Tutor, Faculty of Psychiatric Nursing College of Nursing, JIPMER Puducherry
1:00pm –2.00pm	Lunch break	
2:00pm –3.00pm	Mental Health promotion in elderly: Role of Nursing personnel	Dr. Sumita Masih Associate Professor Psychiatric Nursing Central Institute of Psychiatry (CIP) . Ranchi
3:00pm –4.00pm	The role of nursing personnel in managing mental health issues in elderly	Mr. Sandeep Kollipara Associate Professor Dept of Mental Health Nursing, College of Nursing, NEIGRIHMS Shillong, Meghalaya
4.00pm –4.15pm	Tea break	
4:15pm - 4:30pm	Post test	
4:30pm - 5:00pm	Valedictory session	